

Menu for the Weeks of January 14th & 21st

	MONDAY 1/14	TUESDAY 1/15	WEDNESDAY 1/16	THURSDAY 1/17	FRIDAY 1/18
AM Snack:	Cheese Toast, Fruit & Milk	Mini Muffins, Fruit & Milk	Whole Grain Bagel, Fruit & Milk	Waffles, Fruit & Milk	Whole Grain Cold Cereal, Fruit & Milk

Lunch:	Crispy Baked Chicken Breast, Steamed Veggies, Oranges & Milk	Tomato Soup, Grilled Cheese Sandwich, Fruit & Milk	Tuna Salad Sandwich w/ Bread, Carrot Sticks, Fruit & Milk	Baked Ziti, Tossed Salad, Fruit & Milk	Baked Popcorn Chicken, Sweet Potato Tots, Fruit & Milk
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PM Snack:	Pretzel Goldfish & Milk	Shortbread Cookies & Milk	Fruit Cup, Townhouse Crackers & Water	Mini Rice Cakes & Milk	Raisins, Graham Crackers & Water
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	MONDAY 1/21	TUESDAY 1/22	WEDNESDAY 1/23	THURSDAY 1/24	FRIDAY 1/25
AM Snack:	CLOSED	Yogurt, Graham Crackers & Milk	Buttered Biscuit, Fruit & Milk	Muffin, Fruit & Milk	Whole Grain Cold Cereal, Fruit & Milk

Lunch:	HAPPY BIRTHDAY MARTIN LUTHER KING JR.	Crispy Baked Chicken Tenders, Green Beans, Fruit & Milk	Pasta Salad w/ Turkey & Fresh Vegetables, Spring Salad Mix, Fruit & Milk	Baked Chicken Breast, Steamed Vegetables, Fruit, Roll & Milk	Turkey & Cheese Sandwich, Carrot Sticks, Fruit & Milk
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PM Snack:	CLOSED	Tortilla chips and Salsa	Pretzels & Milk	Hummus, Honey Wheat Pita Slices & Water	Fig Newton & Milk
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*After-school children get fruit or vegetables with their snack each day.

*Menu items are subject to change for infants, younger toddlers and children with allergies.

